



# SUCCESSFUL PARENTING

*Design a Personalized Approach to Filling Your Role as Parent*

## The Unique LMI Process

LMI delivers a process that not only provides skill and competency development but changes the attitudes and behaviours of the participant.

To ensure that measurable results and a Return On Investment are achieved:

- ✓ Support from the LMI Facilitator guides the Participant's day-to-day application of the learning
- ✓ Complete resource materials allow multi-sensory learning
- ✓ Eleven interactive sessions are facilitated in convenient bi-weekly workshops
- ✓ Participants present key results and a summary of course accomplishments at a special Graduation Meeting. Certificates are awarded

### Session One:

#### ***Introduction to Concepts***

Concepts of Success, Motivation & Attitude Changes  
Success as Related to Past Conditioning  
Attitude and Habits – The Effective Motivators  
The Power of Goal Setting

### Session Two:

#### ***Foundation for Successful Parenting***

Basic Principles for Success as a Parent  
The Rewards of Successful Parenting  
Compatibility  
Modeling  
Consistency  
Relationship

### Session Three:

#### ***Setting Family Goals***

The Need for Goal Setting in Families  
Five Success Essentials  
The Goal Setting Process

### Session Four:

#### ***Building Your Children's Positive Self-Esteem***

The Importance of Self-Esteem  
Opportunities to Achieve  
Positive Recognition and Feedback  
Unconditional Love  
Positive Expectancy

### Session Five:

#### ***Teaching Personal Responsibility***

Parents and Discipline  
Obedience: the Basis of Learning and Love  
Predicting and Accepting Consequences

### Session Six:

#### ***Helping Children Develop A Positive Value System***

The Need for a Value System  
Modeling Desired Values  
Direct Teaching of Values  
Opportunities for Decision Making

### Session Seven:

#### ***Developing Your Children's Potential***

Recognizing Potential  
Curiosity and Creativity  
Exploring Possibilities  
Teaching Goal Setting

### Session Eight:

#### ***Planning Your Children's Education***

Where Educational Planning Begins  
Giving Proper Emphasis to Education  
Matching Schools and Children  
Planning for Financial Needs

### Session Nine:

#### ***Providing Social Skills For Your Children***

The Need for Social Skills  
Teaching Acceptable Manners  
Providing Opportunities for Practice  
Opportunities to Build Friendships

### Session Ten:

#### ***Teaching Good Work Habits***

Modeling Good Work Habits  
Structuring Time  
Teaching Time Management  
Overcoming Obstacles

### Session Eleven:

#### ***Helping Children Build Relationships***

The Need for Relationships  
Relationships with Parents  
Relationships with Other Adults  
Relationships with Peers  
Teaching About Relationships

### Session Twelve:

#### ***Communicating With Your Children***

The Need for Two-Way Communication  
Listening Skills  
Telling Skills  
Opportunities for Communication  
Understanding the Child's Point of View

### Session Thirteen:

#### ***Growing With Your Children***

Changing Relationships as Children Grow  
Remaining Friends with Your Children  
Being Part of an Extended Family  
Setting an Example for Continued Personal Growth  
Positive Expectancy for the Future

This program will help you gain maximum personal satisfaction and give your children the best possible start on the journey to success in achieving their full potential. It addresses the fundamental principles underlying your approach to the task and guides you in the vital process of applying those principles to your own family situation.

## OTHER LMI FAMILY DEVELOPMENT TOPICS

Finance ■ Attitude ■ Parenting ■ Motivation

[www.lmicanada.ca](http://www.lmicanada.ca)

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